



LIST OF COURSES

Dementia Explained

Suitable for: Nurses, Health Care Support Workers, Care Managers, Home Carers, Social Workers, Social Care Support Workers, Occupational Therapists

Description: This workshop introduces participants to a person-centred approach to understanding the causes of dementia, including conditions such as Alzheimer's disease, and the social and psychological factors.

Communicating with people with dementia

Suitable for: Nurses, Health Care Support Workers, Care Managers, Home Carers, Social Workers, Social Care Support Workers, Occupational Therapists

Description: This workshop explores the communication difficulties of people with dementia and their carers. It offers participants the techniques that enable the development of therapeutic, person-centred relationships.

Planning successful activities for people with dementia

Suitable for: Nurses, Health Care Support Workers, Care Managers, Home Carers, Social Workers, Social Care Support Workers, Occupational Therapy Support Workers

Description: This workshop explores the importance of activity proposing that an activity-based model of care makes best use of activity of daily living as well as leisure activities as a means of increasing the physical and emotional well-being of people with dementia. A method for understanding the level of ability of individuals with dementia is introduced.

Understanding behaviour viewed as challenging

Suitable for: Nurses, Health Care Support Workers, Care Managers, Home Carers, Social Workers, Social Care Support Workers, Occupational Therapists

Description: This workshop introduces participants to a person-centred approach to understanding behaviours, viewed as challenging, as a means of communicating distress. Participants have opportunity to explore the reasons why behaviours occur and to discuss how to reduce these behaviours.



Learning disability and dementia

Suitable for: Nurses, Health Care Support Workers, Care Managers, Home Carers, Social Workers, Social Care Support Workers, Occupational Therapists

Description: People with Down's syndrome are at particular risk of developing dementia. The prevalence of dementia in people with other forms of learning disability is also higher than in the general population. In this workshop participants are introduced to a person-centred approach to understanding the causes of dementia in people with learning disability and to developing skills to support individuals

Person-centred care and people with dementia

Suitable for: Nurses, Health Care Support Workers, Care Managers, Home Carers, Social Workers, Social Care Support Workers, Occupational Therapists

Description: This one-day workshop introduces participants to a person-centred approach to caring for people with dementia with a combination of topics from the four day Foundation programme.

Promoting mobility in people with dementia

Suitable for: Nurses, Health Care Support Workers, Home Carers, Social Care Support Workers, Occupational Therapists

Description: In this workshop participants will explore the application of moving and handling techniques when working with people with dementia. Participants should have attended a moving and handling training course prior to attending this workshop.

Managing service for people with dementia

Suitable for: Managers of Health Care Support Workers, Care Managers, Home Carers, Social Workers, Social Care Support Workers, Nurses, Occupational Therapists – all who work with people with dementia.

Description: In this workshop participants have opportunity to explore the theory of person-centred care practice and how to support carers to apply this in their every day practice



Alcohol and dementia

Suitable for: Managers of Health Care Support Workers, Care Managers, Home Carers, Social Workers, Social Care Support Workers, Nurses, Occupational Therapists – all who work with people with dementia.

Description: This workshop introduces participants to a person-centred approach to understanding and meeting the needs of people with dementia who are affected by the misuse of alcohol.

Creating dementia care environments

Suitable for: Managers of Health Care Support Workers, Care Managers, Home Carers, Social Workers, Social Care Support Workers, Nurses, Occupational Therapists – all who work with people with dementia.

Description: In this workshop, participants are introduced to the Guide to Dementia Care Environments (Alzheimer's Society, 2006) and explore how design principles and features can be used to positively affect the ability of a person with dementia to engage with their surroundings

Raising awareness of the Mental Capacity Act

Suitable for: Nurses, Health Care Support Workers, Care Managers, Home Carers, Social Workers, Social Care Support Workers, Occupational Therapists

Description: The Mental Capacity Act (2005) affects organisations and individuals delivering health or social care in all care settings. This awareness raising session will help you meet your statutory obligations to train staff on the impact of this important legislation

Applying the principles of the Mental Capacity Act 2005

Suitable for: Care Managers, Supervisors and Team Leaders

Description: This is an in-depth practitioner workshop



Prevention of falls in older people

Suitable for: Nurses, Health Care Support Workers, Home Carers, Social Care Support Workers, Occupational Therapists

Description: In this workshop participants will explore the theory and practice of falls prevention strategies. In line with the National Institute for Clinical Excellence (NICE) Guidelines and Recommendations, participants will extend their knowledge and expertise when working with vulnerable older people.

ProActive System Study Session For Lead Practitioners

Suitable for: Operational Managers, Team Leaders and Trainers

Description: This one day workshop is for those who have access to the ProActive System and who have responsibility for implementing the system and for the learning and development of their workforce

Managing and Leading Change in Services to People with Dementia

Suitable for: Managers and Team Leaders

Description: On completion of this Study Session, participants will have discussed the Management implications of the value base of person-centred care and agreed the use of the ProActive System to support a person-centred approach to caring for people with dementia

Practical ideas for providing activities

Suitable for: Health Care Support Workers, Social Care Support Workers, Occupational Therapy Support Workers, Activity Co-ordinators

Description: This workshop is intended for all those working with people with dementia who want to increase their skills in providing stimulating activities. The workshop is based on the Pool Activity Level (PAL) Instrument and uses a 'hands-on' approach with a range of activities.



The PAL Instrument – a guide for Occupational Therapists

Suitable for: Occupational Therapists

Description: This workshop is intended for Occupational Therapists, working with people with cognitive impairments, who want to use a reliable and valid instrument to assess and plan treatment programmes with their patients and service users.

Older people and mental health

Suitable for: Nurses, Health Care Support Workers, Care Managers, Home Carers, Social Workers, Social Care Support Workers, Occupational Therapists

Description: On completion of this course, participants will have examined values and attitudes with regard to older people and explored the effect of mental health conditions in old age

Safeguarding adults in vulnerable situations

Suitable for: Nurses, Health Care Support Workers, Care Managers, Home Carers, Social Workers, Social Care Support Workers, Occupational Therapists

Description: In this workshop participants explore issues of elder abuse in care homes. They will examine values and attitudes, develop their skills to recognise bad practice and what constitutes good practice.

End of life care

Suitable for: Nurses, Health Care Support Workers, Care Managers, Home Carers, Social Workers, Social Care Support Workers, Occupational Therapists

Description: In this workshop participants explore the Gold Standards Framework for End of Life Care (DoH 2005) and examine values and attitudes, develop their skills in caring for people at the end of their life.



Memory, Brain and Function

Suitable for: Occupational Therapists, Physiotherapists, Registered Mental Health Nurses, Community Psychiatric Nurses

Description: In this workshop participants explore current theories of brain and behaviour, including ways of addressing functional disability caused by cognitive impairments.

Cognitive assessments

Suitable for: Occupational Therapists, Physiotherapists, Registered Mental Health Nurses, Community Psychiatric Nurses

Description: In this workshop participants explore frames of reference, models and approaches underpinning evidence-based methods of cognitive assessment.

Cognitive rehabilitation

Suitable for: Occupational Therapists, Nurses, Re-ablement Assistants

Description: In this workshop explore methods of rehabilitation of people with cognitive impairments.



TRAIN THE TRAINER COURSES

Delivering the Dementia Awareness Trainers Resource

Suitable for: Team Leaders and Trainers

Description: This one day workshop is for those who have access to the Dementia Awareness Training Resource and who responsibility for the learning and development of their workforce

Delivering the Mental Capacity Act Trainers Resource

Suitable for: Team Leaders and Trainers

Description: This one day workshop is for those who have access to the Mental Capacity Act Training Resource and who responsibility for the learning and development of their workforce

Delivering the Person-centred Care Champions Training Resource

Suitable for: Team Leaders and Trainers

Description: This one day workshop is for those who have access to the Person-centred Care Champions Training Resource and who have responsibility for the learning and development of their workforce

Delivering the Falls Prevention Cascade Training Resource

Suitable for: Occupational Therapists, Physiotherapists and Nurses who are members of their organisations Falls Prevention Team

Description: The Falls Champions Skills Workshop and distance learning module enables participants, who are members of their organisations Falls Prevention team, to demonstrate personal progression in the development and use of the skills associated with Falls Prevention.